



Shirley Junior School

Belle Moor Road,
Shirley
Southampton
SO15 5XE

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13th September 2017

Dear Parent/Carer,

Cross Country League Competition

The new cross country season is set to begin on the 29th September and we hope we can build on the successes of the last few years! If you would like your child to be involved please complete and return the attached slip to the school office as soon as possible. Signing the slip does not mean that your child is committed to compete in every race as they may take part in as many or as few races as they wish, however they will need to run in a minimum of 3 out of the 4 races to be eligible for entry into the league.

Once again, the Cross Country is being run by Sport Solent. We would like to point out some key information to you regarding the safety of your child. We will talk to the children about these points in school but would request that you do the same at home:

- An adult from SJS will be present at the event and is there for the purpose of marshalling the race, however, the responsibility for looking after your child is with the person who brought them to the event.
- There will be first aid at the event but it will be located at the start/finish. We request that all children who need medication (i.e. inhalers or epi-pens) carry these on their person.
- An adult will lead the race to show the route and one will follow at the rear to pick up any stragglers!
- Marshals are Sport Solent staff and university students who are stationed around the course, however there may be some small areas of the course not fully in view.
- There can be upward of 200 children from across the city entering the event and we would therefore recommend that parents stay at the races to supervise their child.
- Races will begin promptly by 4:15pm so please ensure that your child is at the Sports Centre by 4:00pm (in order that there is time for all to sign in and register) and that they are collected by 4:45pm as staff will not have the capacity to return children to school.
- To take part your child **must** register with an SJS teacher when they arrive. Children will be given a ticket as they finish their races and this **must** be handed in to the member of staff present so their performance can be recorded. Once they have handed in their ticket from their race you are free to take them home.

In addition to this there will be practices for the children on weeks that there are no races. These will take place at lunchtimes at school. A list of these dates is attached. Children will need to bring something to run in that is okay to get muddy over the winter period. A small towel may also come in useful for if they get muddy and need to wash before changing back into school uniform.

Here's to another good season!

Yours sincerely,

Lynn Carey and Clare Mendez

Executive Headteacher: Mrs. H Hayter BEd, NPQH Head of School: Mrs. A Hixon BEd Hons
Head of Teaching & Learning: Mr. R O'Hearn BA Hons





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CROSS COUNTRY 2017

Race Dates

<u>Race</u>	<u>Date</u>	<u>Time</u>	<u>Venue</u>
In school Practice	Friday 22 nd September (Year 3 and 4)	12-12:30pm	SJS field
In school Practice	Friday 22 nd September (Year 5 and 6)	12.30-12:55pm	SJS field
League Race 1	Friday 29 th September 2017	4-4:45pm	The Sports Centre
League Race 2	Friday 6 st October 2017	4-4:45pm	The Sports Centre
League Race 3	Friday 13 th October 2017 (Little Canada)	4-4:45pm	The Sports Centre
League Race 4	Friday 20 th October 2017	4-4:45pm	The Sports Centre

CROSS COUNTRY 2017

Child's name:.....Class:.....

My child would like to take part in the Cross Country League.

I am aware that I am responsible for getting my child to the Sports Centre, whilst they are there and collecting them afterwards.

Contact telephone number 1 Contact telephone number 2

Name.....Signed:Date:

**Executive Headteacher: Mrs. H Hayter BEd, NPQH Head of School: Mrs. A Hixon BEd Hons
Head of Teaching & Learning: Mr. R O'Hearn BA Hons**

